

Other Questions Parents Should Ask

1. What is your experience with adoption and adoption challenges?
2. How many adoptive families have you worked with? (Be specific about the adoption challenges that affect your family, such as open adoption, transracial adoption, LGBTQ adoption, searching for birth relatives, children who have experienced abuse or institutionalization, or children with attachment difficulties.)
3. Do you include parents and other family members in the therapeutic process?
4. Do you include natural supports, such as teachers, coaches, clergy, and other community members in the youth's life in the therapeutic process?
5. Have you taken any courses/trainings in adoption competency (i.e., The National Adoption Competency Mental Health Training Initiative (NTI) for Training for Adoption Competency (TAC)? (See information about NTI and TAC)
6. What approach to therapy do you use?
7. In your work with transracial and transcultural families, what are some of the challenges they have presented with?